

Core Components:

Research

To advance innovative investigations intended to have a better understanding of health care disparities and viable solutions to achieving health equity.

Education and Mentoring

To expand training opportunities for underrepresented minorities through a mentoring program in applied health disparities research.

Training

To help leaders develop comprehensive strategies to improve access to quality of culturally and linguistically appropriate services.

Community Engagement

To engage ethnically and culturally diverse communities and jointly work on access and quality of care issues with ethnically diverse populations.

Shared Resources

To assist with planning and implementing similar health disparities research in order to maximize overall benefits of disparities' findings and recommendations.

Collaborations and Partnerships

To strengthen and establish collaborations with community-based organizations and other groups

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Our Mission

The mission of the Center for Reducing Health Disparities (CRHD) is to promote the health and well-being of diverse, underserved communities by:

- Pursuing research
- Training and education
- Technical assistance
- Information dissemination
- Implementation
- Evaluation

This important work is done within a prevention early intervention treatment framework that recognizes the unique cultural and linguistic contexts of these populations.

The CRHD's main goal is to create and foster an innovative research environment in which:

- New, scientific, and practical understandings of health and health care disparities and their solutions can be achieved.
- The knowledge generated can be translated, shared (through education and training) and disseminated.
- New approaches to reducing these disparities can be developed for dissemination and implementation throughout California and beyond.

What We Do

Since its inception in 2005, the CRHD has been preeminently collaborative, with an emphasis on meaningful community outreach and engagement and in the translation and dissemination of research and evaluation findings for policy and program development at the local, state, national, and international levels.

"The real challenge lies not in debating whether disparities exist, because the evidence is overwhelming, but in developing and implementing strategies to reduce and eliminate them"

—**Alan R. Nelson**, Chairmen of the Committee on Understanding and Eliminating Racial and Ethnic Disparities in Health Care, Institute of Medicine (2002)

Work in partnership with community-based organizations to conduct culturally-grounded research for solutions to health and health care disparities.

Promote culturally sensitive community-engaged research, health and mental health policy development, and service delivery.

Develop and disseminate health care disparities information and publish research.



Current CRHD Projects

Interdisciplinary Collaboration and Cultural Transformation Model Project (ICCTM)

A multi-phase five year community initiated Mental Health Services Act (MHSA) innovation project that focuses on key cultural and linguistic competencies required to successfully highlight the experiences and mental health needs of the Filipino American, Latino, and LGBTQ+ communities, specifically in the Solano County.

California Reducing Disparities Project (CRDP)

A six (6) year statewide prevention and early intervention effort to reduce mental health disparities in underserved communities: African Americans; Asian Pacific Islanders; Latino; LGBTQ+ and Native American /Alaska Natives.

CRHD is providing technical assistance to the CRDP Latino Pilot Projects. CRDP currently has seven (7) Implementation Pilot Projects in California that are focused on the Latino community, implementing community-defined practices and strategies to reduce mental health disparities.