




OUR CDEP-HMONG HELPING HANDS (HHH) INTERVENTION



**HMONG
Helping Hands
INTERVENTION**

**The Fresno Center
Merced Lao Family Community, Inc,
Lao Family Community of Stockton, Inc**

**THE HMONG MENTAL HEALTH
COLLABORATIVE PARTNERS**



Name of Program/Organization

Program: The Hmong Mental Health Collaborative Partners

Organization: The Fresno Center

Mission:

To assist individuals in becoming self-sufficient, self-fulfilled and productive members of the community while fostering cultural preservation and promoting cross cultural understanding.

WHO ARE YOU?

Fresno: *The Fresno Center*

- Dr. Ghia Xiong Project Director
- Melanie Vang, MSW Project Manager
- May Vang Research Associate
- Franklin Yang Outreach Specialist
- Dr. Toni Knot Local Evaluator

Merced Partner: *Merced Lao Family Community, Inc.*

- Cha Xiong Program Manager

Stockton Partner*: *Lao Family Community Empowerment, Inc.*

- Mai Kou Xiong Program Manger
- Mai Xiong Program Assistant

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PROGRAM COMPONENTS



Hmong Talk Based on the Hmong Cultural Practice of "Qhuab Ntuas" (Khua-Thua)



Ncig Teb Chaw (Exploration)



Cultural Arts, Crafts, and Activities



Maij-Maij (Beautiful)



Hmong Spiritual Healing

A direct prevention and early intervention program that aims to improve the physical, psychological, social, and spiritual wellbeing of Hmong adults and older adults by increasing their level of awareness and understanding of mental health problems, and helping participants connect with themselves, their environment, and their culture.

CRDP-HMONG HELPING HANDS INTERVENTION







WHAT WE ARE WORKING ON RIGHT NOW

- Advocacy
 - Sustaining CRDP beyond the funded period at state and local levels.
- Client Support
 - Food Drive-helped to distribute food to over 1,000 of people weekly and monthly.
- Outreach
 - Informing the community about mental health issues and services.



Talked with others about our CRDP work

Presenting about CRDP at conferences

Outreaching on Hmong TV



CONTACT INFORMATION

Principal contact person (s):

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