

## FRIENDSHIP HOUSE ASSOCIATION OF AMERICAN INDIANS

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FRIENDSHIP  
HOUSE

### Mission:

Our mission is to promote healing and wellness in the American Indian community by providing a continuum of substance use disorder treatment, prevention and recovery services that integrate traditional American Indian Practices and evidence based treatment methods.

## SCOPE OF SERVICES

- Individualized SUD Counseling
- Individual and Group Therapy
- Medication Assisted Treatment Services (MAT)
- Relapse Prevention Education (Evidence Based)
- Psychotherapy/Assessment
- Intensive Case Management
- Traditional American Indian Counseling
- HIV/HCV Rapid testing, Prevention and Service Coordination
- Vocational Counseling
- Job Readiness Training
- G.E.D / High School Diploma Classes (On-Site)
- Parenting Classes
- Anger Management Classes
- Life Skills Groups and Education (Evidence Based)
- Discharge Planning and Aftercare Coordination

## LENGTH OF SERVICES

Friendship House offers Residential Treatment services up to 12 Months

(Based on Medical Necessity)

## ELIGIBILITY

- Must be age 18 and over.
- No serious medical, psychological or emotional conditions that could interfere with participation in a social-model residential treatment program.
- All legal issues should be sufficiently resolved so as to not interfere treatment.



We are the oldest social service organization in the United States run by and for American Indians. Over the last 55 years, we have helped more than 6,000 residential clients overcome substance abuse, empowered hundreds of youth, and provided community events for countless individuals and families.



**Our program is guided by the same American Indian protocols, values, and ethics that we were once taught to be ashamed of.**

In addition to clinically-oriented prevention and treatment services, we provide and sponsor ceremonial events that reinforce and restore cultural identity, dignity, and a deep sense of belonging and purpose. These gatherings promote traditional American Indian values, which are inclusive of love, tolerance, reciprocity, humility, and respect for all life.



## YOUTH SERVICES

Our San Francisco youth center provides American Indian youth, ages 8–24, with a broad range of activities and services that help instill cultural pride, academic success, and resilience in the presence of violence and substance abuse at home.



### Academic Support

- Tutoring, Academic Workshops, Mentoring, and College Preparation

### Arts and Media Activities

- Cultural Arts/Crafts, Digital Media Workshops, Photography, Storytelling, and Painting

### Life Skills Training

- Youth Leadership Development, Health Education and Traditional Counseling

### Traditional Cultural Activities

- Dance and Regalia Workshops, Pow Wows, Youth Gathering of Native Americans, and Stronghold Conference

### Physical Activities and Recreation

- Canoeing, Camping and Hiking, Field Trips

## OVERVIEW

Friendship House Association of American Indians of San Francisco is a non-profit 501 © (3) community-based organization that specializes in providing culturally relevant residential substance use disorder treatment services to primarily American Indian people. Since its founding in 1963, the Friendship House has maintained a strong track record of providing culturally-relevant preventative, treatment and recovery support services to American Indians. Friendship House manages two Adult Residential treatment facilities in the San Francisco Bay Area. The Friendship House Healing Center for Men and Women, and the Friendship House Women's Lodge for expectant mothers and mothers with Children (ages 0-5).



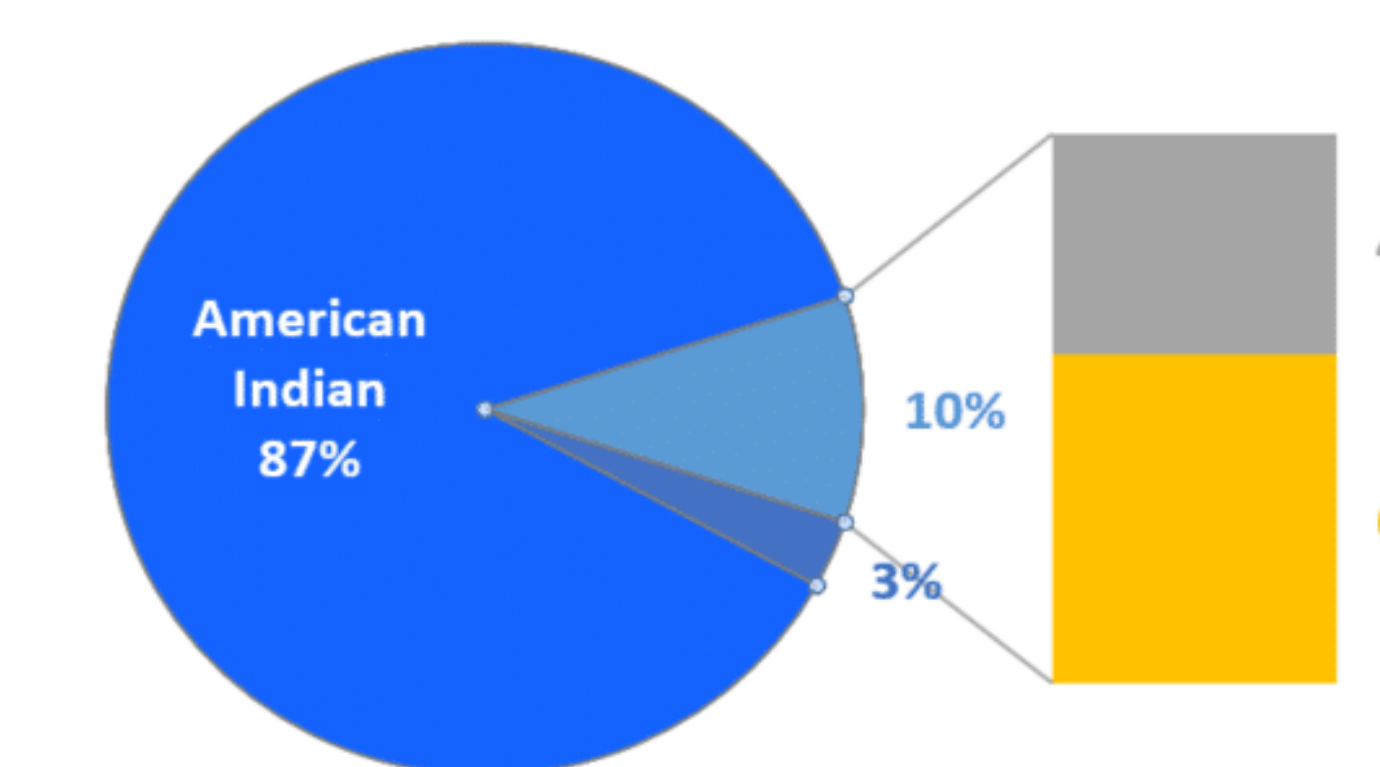
## OUTCOMES FY 2017-2018

87% of client residents were American Indian, 4% were White and 3% were African American. Other racial and ethnic groups represented 6% of the client population.

Clients may represent any of the 570 federally-recognized Indian tribes in the United States or other "Indian Land" not currently recognized by the U.S. government.

Of the 245 clients served: Approximately, 55% were male, 45% female, and less than 1% were transgender. For resident age range:

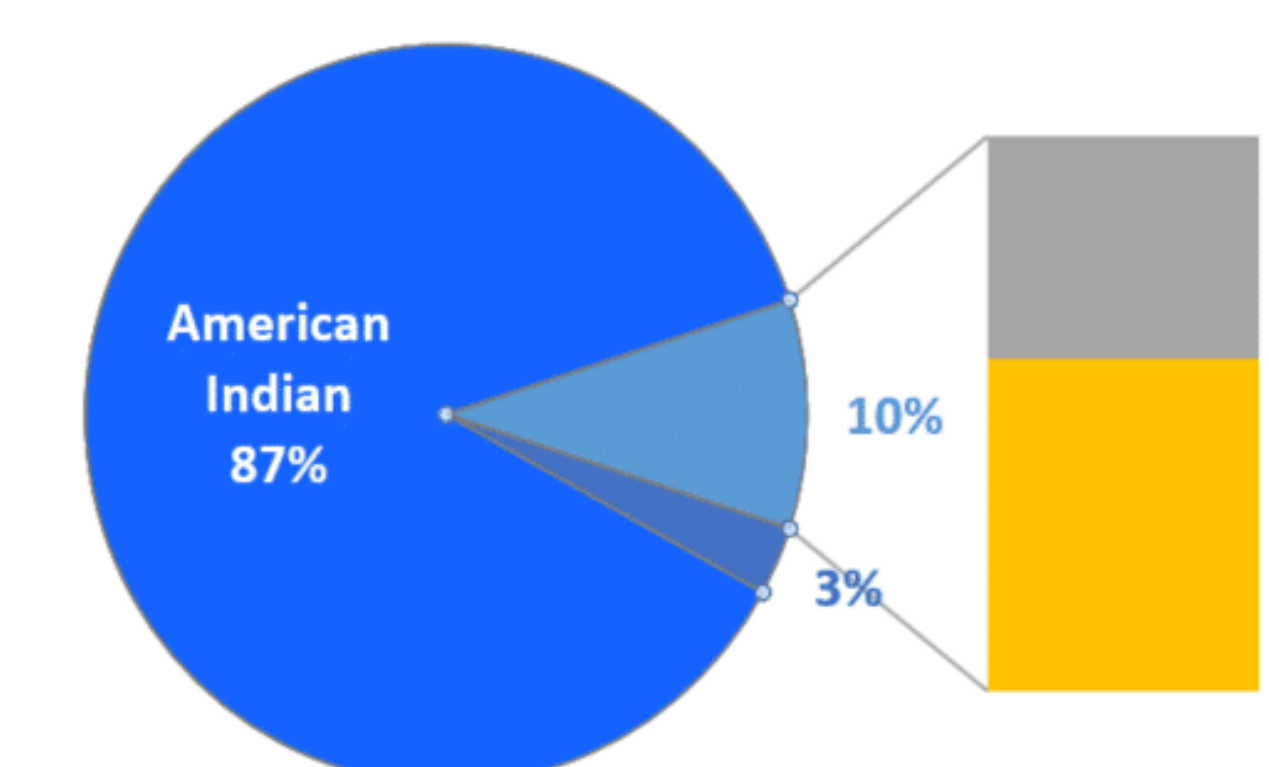
- 13% were between the ages 18-24
- 39% were between the ages of 25-34
- 26% were between the ages of 35-44
- 15% were between the ages of 45-54
- 7% were over the age of 55



■ African American ■ American Indian ■ White ■ All Other



■ CA Indian ■ Non-CA Indian



■ African American ■ American Indian ■ White ■ All Other

## EVALUATION FY 2017-2018

### PROGRAM RESEARCH

The six counties of the San Francisco Bay Area are the primary geographic area served by Friendship House and home to approximately 723,225 residents who identify as American Indian/Alaskan Native, (US Census 2010). Friendship House outreach efforts extend to the Bay Area and encompass all of California and beyond.

### RESIDENT INTAKES

245 adult residents were served in FY 2017-18: 233 were admitted to the American Indian Healing Center in San Francisco, California. 22 women were admitted to the American Indian Lodge Program, of which one was pregnant. A total of 28 children under the 5 accompanied their mothers into the Oakland Lodge residential treatment program

### DEMOGRAPHICS

Approximately, 55% of the residential clients were male, 45% were female and less than 1% were transgender. 65% were between the ages of 25 to 34. 87% of the residents were American Indians. Of those, 53% were affiliated with California tribes. In FY 2017-18, Pomo's led in tribal affiliation at 10%, followed by Hoopa 7%, then Karuk, 6%, Navajo, 4% and Yurok, 4%.